



I'm not robot



Continue

Saturday school detention letter

An employee, who has apparently endured difficult times lately, has rather come out of her job in a private school. The unnamed worker posted a photo on Reddit of a handwritten letter he wrote for his employer, and it's a doozy thing. [image id'40346196-0704-4c07-bf75-3f06709613b4' mediaId'd2d23df0-d3f8-4d95-809c-a3fd3975980d' loc'C' share''true' expand'true'&g; In the bitter missive, Reddit user Gahdzuks sarcastically apologizes for his stepmother who suddenly dies of cancer, which led to Gahdzuks losing a few days in the office. She also wrote how sorry she was for not coming to work when she was sick so I wouldn't make anyone else sick. The disgruntled worker also raised the lack of overtime pay and ended the message in an even bolder tone. I know you hate people telling you how to do your job, but I suggest you start looking for my replacement. Immediately. The true identity of the writer, as well as that of the recipient, are still unknown, but one thing is certain: he has certainly obtained his point of view. Was the writer's letter inappropriate? One Reddit commenter imitated the note's sarcastic tone and said: I'm sure this won't affect your reference. Gahdzuks tried to defend its professionalism to Reddit users. I am a punctual and reliable employee who mostly keeps himself to himself. But all you've seen about me is what amounts to a bewildered bleed that led to a professionally worded two-week notice. That is a pity. For what it's worth, the published image wasn't the final draft, according to Gahdzuks. (Whew.) He said the real resignation letter was clearer and devoid of passive-aggressive speech. Let's hope so. [via Metro This content is created and maintained by third parties and imported into this page to help users provide their email addresses. You may be able to find more information about this and content similar to piano.io There wasn't a single suspension last year! My daughter got a middle school incarceration last year for taking too long to get back from the bathroom in the middle of the class. As a result, she spent much of the next day sitting in an empty room, bored by her mind, getting more and more angry as every second passed to the stupid teacher who had given her such ridiculously unfair punishment. I can't say I blamed her. But you know what they say: commit crime, make time. Now a school is overturning this theory. At Robert W. Coleman Elementary in Baltimore, detention has been replaced by meditation, meaning acting children are sent to a mental moment room to calm down with breathing exercises and yoga. spend some time thinking about their mistakes talking to a staff member. The school created the room with the help of the Holistic Life Foundation (HLF), a nonprofit organization that promotes well-being among underserved children and adults. There are some children who have anger management issues, writes principal Carlillian Thompson on the HLF website. hlf. Yoga program allowed those children to do meditation techniques and instead of them reacting and getting angry, they learned to meditate and redirect their anger. Pretty unbelievable. We love this idea and the way this school is investing in our children. Good! Now let's see this implemented in schools across the nation. Meanwhile, if you have a child acting or having difficulty managing their anger, it could help you experience some meditation and awareness at home. Check out these tips from Maria Hersey, Ph.D., the U.S. director of education and training at the Hawn Foundation, who trains educators to teach her science-based mindfulness resume, MindUP Take a brain break. Encourage children to break from homework or another stressful situation to take a deep breath and calm down for three to five minutes to calm their minds, be present, and just focus. Practice conscious awareness during daily activities such as walking and eating, to teach children to really be at that time. Do it with them. Give the example for your children by taking a couple of moments a day to close your eyes and notice your breath, thoughts, emotions and body sensations, with kindness and curiosity. Letters of recommendation are a key part of the demand for specialisation. If you're going to apply for graduate school, think about who will apply for recommendation letters well before you start preparing your graduation application. Make contact with professors during the first two years of college and develop relationships, as you will rely on them to write letters of recommendation that will land you a place in the degree program of your choice. Each degree program requires applicants to send letters of recommendation. Don't underestimate the importance of these letters. While transcription, standardized test scores, and admissions essay are vital components of your specialization application, an excellent letter of recommendation can independently of weaknesses in one of these areas. A well-written letter of recommendation provides admission committees with information not found elsewhere in the application. It's a detailed discussion, from a faculty member, of personal qualities, accomplishments, and experiences that make you unique and perfect for the programs you've applied to. A helpful letter of recommendation provides detailed information that cannot be collected simply by examining an applicant's transcription or standardized test scores. In addition, a recommendation may validate a candidate's admission test. Most degree programmes require at least two letters of and more commonly three. Most students find it difficult to choose professionals to write recommendations. Consider faculty members, administrators, internship/cooperative training supervisors, and employers. People you ask to write your recommendation letters should: Know yourself wellConsiste long enough to write with authorityConscript your work a high opinion of voiKnow where you are applyingConsating your educational and career goalsLify having a favorable comparison with your peersBe well knownBe able to write a good letter No person will meet all these criteria. Aim for a series of recommendation letters that cover the range of your skills. Ideally, letters should cover your academic and school skills, research skills, and applied experiences (such as cooperative education, internships, and related work experience). For example, a student applying for a master's degree in social work or a program in clinical psychology could include recommendations from professors who can attest to their research skills, as well as letters of recommendation from teachers or supervisors who can speak to their clinical abilities and potential. There are good and bad ways to approach faculty to ask for a letter of recommendation. Time your request well: I do not corner professors in the hallway or immediately before or after the lesson. Request an appointment, explaining that you want to discuss your plans for graduate school. Save the official request and explanation for the meeting. Ask the professor if he knows you well enough to write a meaningful and useful letter of recommendation. Pay attention to his behavior. If you feel the reluctance, thank him and ask someone else. Remember that it is better to ask at the beginning of the semester. As the end of the semester approaches, the faculty may hesitate due to time restrictions. Also be aware of the common mistakes students make when requesting letters of recommendation, such as asking too close to the admission deadline. Make the request at least one month in advance, even if you do not have the compound application material or the final list of programs selected. The best thing you can do to make sure your recommendation letters cover all areas is to provide your recommenders with all the information you need. Don't assume they'll remember everything about you. For example, a professor might remember that a student is outstanding and an excellent participant in the classroom, but he may not remember all the details when he sits down to write: how many classes the student has taken with her and extracurricular interests, how to be active in the society of psychology honors. Provide a file with all the basic information: TranscriptResume or curriculum vitaeAdmissions essays you've taken with each recommending professorResearch experienceInternship and other applied experiencesWork experiencesWork experiencesEmpto date deadlinesCopying application recommendation forms (if a paper/paper letter is required and if the forms are from the institution)List of programs you are applying to (and ask them to send email requests for recommendations in advance, well before the deadline) The recommendation forms provided by the degree programs require you to decide whether to give up or or your rights to see your letters of recommendation. If you decide to retain your rights, remember that confidential letters of recommendation tend to have more weight with admissions committees. In addition, many teachers will not write a letter of recommendation unless it is confidential. Other teachers can provide you with a copy of each letter, even if it is confidential. If you're not sure what to decide, discuss with a college counselor As the application deadline approaches, contact your counselors, but not nag. Contacting the degree programs to ask if the materials have been received is also appropriate. Regardless of the outcome of your application, send a thank you note once you've determined that faculty members have sent their letters. Letters.